

Nutraceutical Integrated Treatment

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Updated March 2023

Professor Ian Brighthope's teachings for general cancer patient care. You must have a doctor treat you with the regime because it requires variations depending upon your individual metabolism and other treatments such as chemotherapy, immunotherapy and radiotherapy.

This regime is modified for particular patients with specific cancers and at different stages of the illness. It is not recommended as medical advice for any individual but a guide for the doctor trained in nutritional and integrative medicine.

1. Vitamin C both orally and intravenously Daily (see below)
INTRAVENOUS VITAMIN C:

HDIVC should be administered before or during the HBO.

It should be in the form of **sodium ascorbate**, 15G sodium ascorbate per 50 ml of sterile distilled water.

Using Ascorbic Acid- is not recommended.

The starting dose should be 15-30 gram and increasing to 60 gram over the following 3 days. Need to monitor the response to all therapy and an increase to 120 gram may be warranted.

HDIVC twice weekly until we see signs of clinical improvement and/ or tumour regression and CTC's numbers decrease.

ORAL VITAMIN C:

Oral intake of vitamin C should be maintained at a level of 10-20 gram per day in at least 4 divided doses, especially on non-IVC days.

There are powdered forms of vitamin C containing mixed ascorbates such as sodium, magnesium and the acid form. They are often sweetened with stevia and flavoured.

2. Hyperbaric Oxygen (HBO) Daily for 14-21 days.

The HBO should be taken daily for 14-20 days in conjunction with the HDIVC.

Observe for the shift in the inflammatory mediators (cytokines)

3. a). Glutathione 1,000 -2,000mg IVI biweekly

3 b). Modified Citrus Pectin:

4. NAC 500mg bd and Ivermectin

5. Selenium 1,000mcg daily for 1 month

Monitor serum selenium levels weekly. Maintain upper limit of selenium range.

Reduce to 200 mcg per day thereafter.

6. a) Mixed Tocopherols and Tocotrienols 125mg of each bd.
Plus

- b) Vitamin A, 50,000iu for 2 weeks then 5,000iu per day.
Monitor levels. Watch for signs of toxicity; dry skin and global headaches.
7. Mushroom extracts (Beta Glucans)
Coriolus Fruiting Body extract equivalent 10G bd
Reishi Fruiting body extract equivalent 5G bd
 8. High dose vitamin D 50,000-100,000 IU per day
To achieve a plasma level of 250 nmole/L. then reduce to 10,000IU per day.
Test after 2 weeks on the high dose.
 9. Magnesium orotate equivalent to 100 mg elemental magnesium per tablet.
Two tablets bd
 10. Ubiquinol (Coenzyme Q10) 300mg per day.
 11. A trace element combination of Daily zinc, copper, manganese and boron
At least 5-10mg of boron per day.
 12. Lugol's Iodine 6-8 drops per day.
 13. Naturally fermented sauerkraut one or two servings per day.
Also, encourage green juicing if possible.
 14. Intravenous B17 (Laetrile probably only available in Mexico) dose and frequency based on manufacturer's product information and local use. Only permitted in Australia for terminally ill cancer patients. Must obtain permission from TGA and State poisons authority.

The use of B17 and Artemisinin are extremely important

The oral B17 should be commenced at 500mg laetrile twice daily with meals

15. Cannabis:

Highly recommended now for all cancer patients.

The cannabis should be started with the objective of having an intake of up to 500 mg per day of cannabinoids with a preponderance of THC. I know some patients who take more, up to 1000mg per day of THC.

However, this dose taken immediately will have severe psychoactive effects. The dose must be slowly increased over a period of days to weeks depending on the development of tolerance. Preferably taken in nebulised form in divided doses qid.

16. Hyperthermia may be offered to selected patients with certain cancers. In cases of hyperthermia, isoquercetin is prescribed to decrease the production of heat shock proteins before treatment.

17. Colloidal silver is an optional therapeutic and may be of value in the management of infection.

18. Keto Diet especially for brain tumours. Keto responders can be based on genetic markers.

A full genomic workup to look at COMT, MTHFR etc to utilize best genetic data.

19. IP6 High-dose inositol hexakisphosphate (IP6) is a preferred active ingredient along with HD Vitamin C

IP6 works on all things calcium via the 6 phosphates, ultimately controlling and limiting cancer growth.

Food for thought ~ Here are some foods/herbs that may down-regulate glutamate in research.

Strongly recommended shown in red

1. EGCG (Green tea)
2. Curcumin (Turmeric root)
3. Lycopene (Tomatoes)
4. Ursolic Acid (Holy basil, pistachio nuts)
5. Resveratrol (Red grape skins)
6. Honokiol, magnol (Magnolia Bark Extract)
7. Graviola (Soursop)
8. Sulforaphane (Sprouting seeds)
9. Valerian
10. Withanolide (Ashwagandha)
11. **Herbs:** Relaxing herbs such as lemon balm, chamomile, and passion can offset the negative effects of glutamate by restoring its balance with gamma-aminobutyric acid (GABA).
12. Indian Flower Remedies are also recommended.
13. Sweetbread (pancreas) and /or brains from lamb. Can be cooked Crumbed. Or made into ice cream after cooking by adding fruits and honey and freezing. Not always a favoured food but can become accustomed to it.
14. Chinese wormwood. A very useful herb. Also known as Artemisia.

15. Ivermectin has powerful anticancer effects in some patients and some cancers. Individuality is a crucial factor in repurposed medicine therapeutics.