

Therapeutics

- **Covid , Long covid, reactions to drugs including vaccination**
- **Nutraceuticals**
- **Phytotherapy - Herbal medicines**
- Hyperbaric oxygen
- Diet
- Fasting
- Magnetic field therapy
- Protocols: flccc, amps, World Council for Health
- Modifications: timing, meditation, qi gong, acupuncture,
- **medicinal cannabis.**

LONG COVID

Long Spike Disease (LSD)

Long Spike Disease

- ★ Cardiovascular diseases
- ★ Neurological diseases
- ★ Immunological dysfunction
- ★ Old and New cancers
- ★ Psychological disorders
- ★ Endocrine diseases
- ★ Chronic Fatigue Syndrome
- ★ VAIDS

Extra Supplements

- ★ Magnesium
- ★ Selenium
- ★ Copper
- ★ Quercetin
- ★ Vitamin E complex (tocopherols and tocotrienols)
- ★ Coenzyme Q10
- ★ Omega-3 EFAs

Extra Supplements

- ★ High potency vitamin B complex
- ★ NAC
- ★ Glutathione
- ★ Niacinamide
- ★ DHEA
- ★ Garlic
- ★ Sulphoraphane

Extra Supplements

- ★ Resveratrol
- ★ Green tea (EGCG)
- ★ Melatonin
- ★ Conjugated Linoleic Acid
- ★ Lycopene
- ★ Pomegranate
- ★ Curcumin
- ★ Indole-3 Carbinol